

Works

Vol. 22 No. 1 Northern NJ SAFEKIDS/Safe Communities Winter 2009

www.preventionworks-nj.org



Prevention

Walk this Way Events in Lincoln Park and Chatham Township Lead the Way



We have 2 Car Seat Inspection Stations to Serve You

Northern NJ Safe Kids/Safe Communities Car Seat Inspection Stations

Morris - Essex
Atlantic Ambulance Building
120 Dorsa Ave., Livingston, NJ
973 971-6477

Open EVERY Wednesday 9:00am - 3:30pm

Morris County
Chester First Aid Squad
100 North Rd., Chester, NJ
908 879-5560

Open 1st Tuesday of the month 2:00pm - 6:00pm
and 3rd Thursday of the month 7:00am - 12 noon

Safe Kids
Buckle
Up



Northern NJ Safe Kids/Safe Communities now has 2 car seat inspection stations to serve you. You can have your car seat inspected for proper fit and use free of charge by a Safe Kids Certified Car Seat Technician. Stop in and bring a friend.

Morris County
Chester First Aid Squad
100 North Rd., Chester, NJ
908-879-5560

Open 1st Tuesday of month 2pm - 7pm
Open 3rd Thursday of month
7am - 12 noon

Morris - Essex
Atlantic Ambulance Building
120 Dorsa Ave., Livingston NJ
973-971-6477

Open every Wednesday 9am - 3:30pm

Be a CarFit Technician

The AAA New Jersey Automobile Club will be conducting a two-day CarFit Event Coordinator training class on May 19 9:00am to 4:00pm and May 20 9:00am to 3:00pm, 2009 at the AAA Car Care Center 135 Route 22 east and Fadem Road in Springfield, New Jersey.

CarFit is a program developed by AAA, AARP and AOTA that evaluates how well mature drivers and their cars work together in a quick but comprehensive check up. Upon successful completion of the training, participants will be qualified to train CarFit Technicians and conduct CarFit Events.

- To register for the event log on to: www.Car-Fit.org
- Click on the **REGISTER** button for Event Coordinators.
- Select the **May 19 Springfield Event**
- Fill out the brief registration form and submit.





Buckle Up Northern NJ

The New Jersey Division of Highway Traffic Safety is proud to announce an innovative program designed to not only enhance

the enforcement of motor vehicle laws, but to educate young drivers about staying safe behind the wheel.

Traffic crashes are the leading cause of death for teens, with drivers more likely to be involved in a crash during their first 12-24 months behind the wheel. Clearly, teen drivers are at risk, and the recent tragedies in New Jersey involving young drivers reinforce the need for initiatives such as this one.

For the period 1996-2006, an average of 114 young drivers (ages 15-20) were in-

involved in fatal motor vehicle crashes in New Jersey each year.

Factors that contribute to crashes involving young drivers include:

- Driver inexperience
- Risk taking
- Alcohol and drug use
- Non use of seat belts
- Distractions

The theme for the educational component of the campaign is "Don't Drive Stupid" which focuses on seat belt use, speed, alcohol and other dangerous behaviors. Talking points have been developed that can be used during morning announcements and at school assemblies or sporting events. The information can also be used as a public service announcement on a school-based television or radio station

Get Out and Ride Safely

Young people under the age of 17 are required to wear an approved helmet when cycling, roller skating, in-line skating, or skateboarding. Certainly best practice warrants helmets for ALL cyclists regardless of age.

The Division of Highway Traffic Safety assists county, municipal and law enforcement agencies with education, public awareness and enforcement of the bicycle helmet law and other bicycle safety issues.

Each year, bicyclists are killed or injured in New Jersey due to bicycle crashes. Many bicycle deaths result from bicycle-motor vehicle collisions. However, injuries can happen anywhere, including parks, bike paths and driveways, and often do not involve motor vehicles.

Head injury is the most serious injury type and the most common cause of death among bicyclists. The most severe injuries are those to the brain that cause permanent damage.

Safety Tips for Bicycle Riders:

Obey all traffic laws. In New Jersey, bicycles have the same rights and responsibilities as motor vehicles:

- ▶ ride on the right
- ▶ obey all signals
- ▶ travel no more than two abreast when traffic is not impeded
- ▶ ride with traffic
- ▶ Wear an approved bicycle helmet.

Make sure your bicycle fits you. Inspect the following before each ride to make sure your bicycle is in good working order:

- ▶ tires/wheels
- ▶ brakes
- ▶ chain
- ▶ lights
- ▶ reflectors
- ▶ bell
- ▶ spare inner tube and tire levers/irons
- ▶ seat height

Wear comfortable reflective clothing conducive to weather conditions

- ▶ Ride within your abilities
- ▶ avoid busy streets
- ▶ ride a properly sized bicycle

Do not:

- ▶ attempt stunts or tricks
- ▶ ride with more people on the bike than it is designed to accommodate
- ▶ "hitch" rides by holding on to moving vehicles
- ▶ weave in and out of traffic, or between cars
- ▶ carry loads unless equipped with proper baskets or panniers
- ▶ ride against traffic
- ▶ ride at night with out lights

Outstanding Partners – Sussex County Shined!

Northern NJ Safe Kids / Safe Communities recognized the Andover Township Police Department for their efforts in supporting the mission and goals of Northern NJ Safe Kids / Safe Communities at its annual awards luncheon in December 2008. Sgt. Rod Smith and Patrolman Ron Mosner; have led the effort for the department by participating in many events throughout the year.

Corporal Ray Muller of the Sparta Police department was recognized for his extraordinary organization skills in building a very active child passenger safety program in Sparta Township. Congratulations to all!



Andover Township Police Department are recognized for their Safe Kids Accomplishments. From Left to Right: Chief Philip Coleman, Sgt. Ron Smith, Ptl. Rod Mosner & Bob Gaydosh from NJ HTS.

Prevention Works is the official triennial newsletter of Northern NJ SAFE KIDS/Safe Communities.

We welcome articles of interest highlighting your community or organization.

Let us know how you have made your community a safe community.

If you have any comments or topics you would like to see covered, please feel free to contact

Karen Jean Feury, RN Phone: 973-971-4327 Fax: 973-290-7350 email: karenjean.feury@atlantichealth.org.